



TOOLS FOR SUCCESS:  
GOAL SETTING &  
TIME MANAGEMENT

WEDNESDAY 5/24

12:00-1:15 PM

LKSC 120  
LUNCH PROVIDED

<http://www.onlineregistrationcenter.com/herschlag>



Succeeding as a scientist requires effective goal setting and balancing the many demands on you and your time. Professor Dan Herschlag discusses proven techniques for managing your time, setting realistic goals, and making the most of your time spent inside and outside the lab. He will also discuss the synergy between your health and wellbeing and achieving your scientific goals.

Questions?

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